

Women's Health Group Photography Class Success

The Women's Health Group based at the Ardler neighbourhood complex took part in a photography class that led to a photography display in the Wellgate Library.

Caroline Bairner was approached by one of the lady's from the group asking if there was a course or class she could suggest and Caroline suggested a photography class. The women liked this idea, as they were keen to learn how to take more exciting pictures. The group obtained funding from Working for Families Dundee for any spending required and the loan of digital cameras was arranged by Caroline for the women who required them. The women would take photos during the week and get together on a Thursday morning to show them off and Jeanette, the computer tutor in the Complex, taught them how to process their photos on the computer.

The group were asked to displaying their photographs at International Womens



An example of the photos taken by the group

Week and Carol Irons (the 2006 citizen of the year) opened the display to a good crowd. The photographs taken by this group have also been displayed in the Ardler Complex Cafe and the Ardler Village Trust has expressed an interest in using them in a future display.

Councillor's Corner



I would like to take this opportunity to thank everyone who voted. It is a pleasure again to be asked to represent the people of Ardler and the wider Strathmartine ward.

I will continue as a Councillor to give your area the same level of service as previously. Supporting TARA group, the Community Safety Panel and the Ardler Village Trust I hope that we together as a community can go from strength to strength for everyone's benefit. Regards

Councillor Kevin Keenan
Strathmartine Ward

Race for Life - Cancer Research - 'Team Ardler'

Race for Life is supported by Tesco, and is the UK's largest women-only fundraising event! You can walk, jog or run 5k and raise money for Cancer Research UK. The event is open to women only, but anyone interested in taking part under the age of 18 years can do so as long as they are accompanied by a responsible adult.

We are hoping to start a running group for women in the Ardler Area but need to find out if anyone would be

interested in being involved. The group would be a great way of getting or staying fit, losing weight, meeting new people and working together as a community to raise money for a really worthwhile cause.

If you would be interested in being part of a group that will be training specifically for next years event, then please contact Yvonne Young at the Ardler Village Trust office, 95 Turnberry Avenue, Ardler or phone me on 831712.

North West Regeneration Team Update

It has been a real time of change at the North West Regeneration Team. Community Officer, Billy Gartley, has moved to his new post of Section Leader for Centres and Projects and we wish him all the best in his new post. His successor is Vanessa Kelly, who until recently was based in the Hub neighbourhood Centre in Mid Craigie, brings a wealth of experience to the Section Leader post. Furthermore, Angie Hastie has moved on to a new post in the Central Regeneration Team. She wishes to pass on her thanks and best wishes to all the groups and colleagues she has worked with and the friends she has made while working in the Ardler area.

Despite these changes the team and its members are committed to working with the people of the area. They will soon be consulting with the local people about the Community Plan for the area, in order that we may all work together on what remains to be done within the area. For further information about the North West Regeneration Team and the work they carry out in Ardler please contact us at the Ardler Complex on 436363.

Dundee Employability Action Team

Specialist Advisers have been introduced to offer support, advice and guidance to help customers on incapacity benefit into the world of work.

If you have had to take a break in your working life, due to illness or an accident, it can be a worrying and unsettling time.

Although you may not be ready to start work straight away, you may appreciate the benefits that this service can offer and answer some questions that you may have. At the interview they will make an action plan with you and discuss what you want to do. If work is not an option at the moment, but you want to work in the future, your personal adviser will help you make the right choices about education, training and preparing you for paid work. Your personal adviser can also refer you to a provider that will offer an individually tailored service to help you meet your goals and aims. Our range of programmes are designed to give you extra support and help in keeping a job. They focus on what you CAN do, not on what you can't do.

Take that step now and call us on 01382 373462 to arrange an appointment



Including Jobcentres and social security offices

Ask! in Ardler
at the
Ardler Complex Café
11am to 1.00pm
Just drop in!!
Free Monthly Advice sessions
1st Wednesday of every Month
Contact: Ardler Village Trust 831712